



January 1, 2018

#### 40 Years of Oak Apple Run

Oak Apple Run was started by Kim Frentz and Rev. John Park, with the Royal Oak First United Methodist Church as the founding sponsor.

Kim and John set out to provide a way to promote health and fitness that would allow all ages and fitness levels to participate. Throughout the past forty years their vision grew into one of the largest family friendly running events in the Royal Oak community. People have looked forward to participating in the Oak Apple Run year after year and some have even scheduled their vacations to return to Royal Oak just to be able to run in the Oak Apple.

We've had participants from as far away as China and Germany and as close as just a few blocks from the starting line. Generations of family members, multiple groups, various corporations, and numerous sponsors have contributed to the diverse participation that made Oak Apple Run such a great event.

With such great memories, the Oak Apple Race Director (Kim Frentz) and the Oak Apple Inc. board of directors, with over a combined 130 years volunteer service, have decided to retire from organizing the Oak Apple Run.

This brings the Oak Apple Run across the finish line, ending a long and successful 40 year annual run.

We hope you take all the great experiences and fond memories of Oak Apple Run and continue to embrace the vision that Kim Frentz and John Park had, to "Promote Family, Fun and Fitness".

The Oak Apple Run Board of Directors and Race Committee thanks all those who have been part of the Oak Apple Run these past 40 years.

Volunteers, Sponsors, Participants, Spectators, City of Royal Oak, Business Owners, Neighborhood Residents, and the greater Royal Oak Community.

Without everyone's participation and contributions "The Oak Apple Run" would not have been the success that we are proud to say we were a part of.

Best of Health and Fitness,  
Oak Apple Run Board of Directors

Kim Frentz  
Elaine Tank  
Eric Frentz  
Paul Perkins